#### Survey about parental network and local community in Frogn

This document is a guide for the "Survey about parental network and local community in Frogn. The questions are translated into english for reference only. You cannot respond here.

#### I am a parent/guardian with children in: \*

Kindergarten Elementary school Both in kindergarten and in elementary school

#### What is your marital status? \*

Living with a partner
Single parent, without a partner
Single parent with a partner, but we don't live together

## How would you describe your and/or your family's cultural background? (Choose the option that best fits) \*

Norwegian background Foreign origin, with Norwegian citizenship Foreign origin without Norwegian citizenship Refugee background Other, specify here

#### How long have you lived where you currently live? \*

Below 1 year 1-5 years 5 -10 years 10-15 years All our lives

## Have you ever experienced a lack of someone to turn to when you need help or support in everyday life? \*

Never Rarely A few times Often Always

# If yes to the previous question, what kind of situations were they? (Select multiple if applicable)

Pickup/drop-off help for the children Social activities and gatherings Necessary help in emergency situations Practical help at home A sense of community and belonging Other, specify here

### How would you describe your and your family's social network in the local community? \*

Very limited Limited Satisfactory Very well

## What do you think could help strengthen the network for you and your family? (Select multiple if applicable) \*

More social meeting places in the local community
Organized activities for parents and children
Initiatives from the municipality or volunteer organizations
Better communication with other families in the area
Access to babysitting or caregiving networks
Support groups or networks for parents
Other, specify here

# How interested are you in getting involved in the community and contribute to positive activities? \*

Very interested, I want to actively get involved Quite interested, I would like to contribute if it suits Somewhat interested, but I have limited time and capacity Not interested, but could consider it under special circumstances Not interested

### What do you think could increase the likelihood of you getting involved?

#### (Select multiple if applicable) \*

Clear information about the opportunities available Flexible timing
The opportunity to contribute together with others

That there are short, specific tasks with low commitment.

Other, specify here

Do you have any suggestions for activities or initiatives that could help strengthen the network between parents at your child's kindergarten or school?

Do you have any other thoughts or suggestions on how we can create a better and more supportive local community for families with children here in Frogn?

Are there any specific activities or services (for children and families) you feel are missing in Frogn?